



# THE TRUTH



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NEWSLETTER

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Irene Hamlin Stephenson \* P.O. Box 892-TRU, Chatsworth, CA 91311-0892 \* (213) 347-6949

## VERNON HOWARD - THANK YOU

I am thanking Vernon Howard for putting me on the path to living.

About 16 years ago I saw him on TV. He was saying things I needed desperately to know at that time. I ordered his book "Secrets of Mental Magic." In this book is a list of "What Your Responsibilities are NOT." At the time I was doing 19 of the 20 wrong. I am a natural pleaser. It was hard to change some of them but I wanted to and did. Every day I read that list. A copy is still hanging on my wall.

Vernon Howard helped me so much with his book that I want to help too with my work in Biorhythm Character Analysis and compatibilities.

Vernon Howard is at New Life Books, Box 684, Boulder City, NV 89005.

## THANK YOU JOAN AND EVELYN

Thank you Evelyn Ryman and Joan Gleeson for getting involved with me making the research on Biorhythm Character Analysis go faster. Without you two it would have taken years longer to reach this point.

Thank you customers. Without your orders I would not be able to get the Biorhythm Character Analysis and Compatibility out to help others.

Here are parts of letters I have received:

"My husband & I saw a psychiatrist for 2½ years to try & find out why 'he' was so 'unhappy' in our marriage. God - all it would have taken was one letter from you - mystery solved. C.M. Sharon CT

"Through a friend you come highly recommended for giving

quite good analysis." C.B. Houston TX

"I was impressed with the first comparison you had sent to me. I will be sending more business your way." (she had included 4 that time." T.L. Fairborn OH

"...it (Biorhythm Character Analysis & Compatibility) has meant so much. It helped me get rid of guilt over the failure of my 20 year marriage - a marriage which ended 12 years ago - so time I was freed of this feeling."

G. T. Berkeley CA

"Your help has been priceless." H.M. Vicksburg MI

"Well, you did it again! It is hard to believe how accurate your compatibility analysis for my sister and I was - insightful too." M.M. Lakeland FL

## PERSONAL BIORHYTHM NUMBERS

Each day has its own set of biorhythm numbers. Whomever is born on that day takes on that personality. The numbers for the day you were born become your personal biorhythm numbers.

Each person born on that day will have the same strengths, the same weaknesses, the same drives.

## NO NUKES

Jane Fonda woke up to life when she was about 31 years old. She did not read newspapers til then. When she woke up & saw the injustices she had to do something about them. She was born 12-21-37

Confidence	1 (91%)
Emotional	14 (0%)
Mental	12 (27%)

Jane has a #14 emotional. That puts her on the borderline of being a natural child & a social-reformer-humanitarian.

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The average age of the Union Soldier in the CIVIL WAR was under 16 years of age.

A rigid body holds a rigid mind.

A 12 issue subscription to THE TRUTH is only \$5. Order from Irene Hamlin Stephenson, P.O. Box 892-TRU, Chatsworth, CA 91311-0892. Makes a nice gift too.

## PARENTS WITHOUT PARTNERS

If you are single, divorced or widowed parent, look up your local PWP Chapter in the phone book. No need to be alone. You'll have instant friends. I belong to the Friendly Chapter 220 in the San Fernando Valley, California.

IMPOTENT? Saltpeter was used on the service men while they were in basic training. Saltpeter is sodium nitrate. If you eat a lot of foods like hot dogs & ham give them up for a few weeks & see if that solves your problem.



ian. When they are young these people care mainly for their own wants. When they mature they go into their humanitarian stage. All the while they are still caring about their own wants too.

Jane needs more attention than the average & will do what she has to to get it. She is using show business, her exercise salons & being a social-reformer to get that attention.

Those predicting California will drop off into the ocean could have foreseen the building of a nuclear power plant dangerously near an earthquake fault. Jane has been talking out against nuclear power plants. She believes they can kill us all. She & a lot of others are trying to stop the Diablo plant from going into action. Those who are for nuclear power are saying "Feed Jane Fonda to the sharks!"

Jane is fearless (91% confidence). She is a martyr and is not afraid of trouble (27% mental). She is like Joan of Arc in the confidence and Mental.

Your own character analysis is \$8 each birthdate (month, day & year).

#### DOES BIORHYTHM WORK?

A 35 year old man was going to take his first ride in a small plane. The day before the ride he gave some things away just in case he did not come back. On that day he had a physical critical. The next day he had an emotional and

WIN WIN WIN WIN WIN  
NOTHING TO BUY

Send in this coupon. Winner will receive FREE 3 Biorhythm Character Analyses. \$27 value. Drawing will be November 26, 1981 in time for you to give the character analyses as Christmas presents. They make unusual gifts.

Your name  
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mental critical. The plane crashed and he died.

Was this meant to be?

#### PEN PAIS

NOV 1981

is a service for people who want to correspond with someone who is very much like them. You are welcome to send in your picture. It will be sent to your match.

What kind of person joins PEN PAIS? Every kind, even doctors.

From PEN PAIS you will receive someone who is at least 60% like you. At least 60% is needed for two people to be happy together.

Your birthmo/day/yr \_\_\_\_\_

Race \_\_\_\_\_

Male/Female \_\_\_\_\_

Want Male \_\_\_\_\_ Female \_\_\_\_\_ Either \_\_\_\_\_

Age Limit \_\_\_\_\_ to \_\_\_\_\_

Be sure to include your own age too.

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If I do not find a match for you, \$14 of your money will be cheerfully refunded. Please be patient. You have nothing to lose & a lot to gain.

#### FROM A READER:

I thought that I had to reply to your sage comment that we low mental percentage people should band together to get rid of the victimless laws which are made to keep us in line & make it easier to control us. We have, & our effort is called The Libertarian Political Party. And our candidate for President, Ed Clark received almost 1,000,000 votes in the last election!

Basically libertarians are economic conservatives & social liberals. For instance libertarians are not against prostitution as long as the

government doesn't subsidize it! The Libertarian Party defines itself as "the party of principal" & its the only one on the current political scene that really is.

Any of your readers wishing to know more about the only modern political & social movement truly dedicated to individualism can write for a free copy of The Libertarian News to Libertarian National Committee 2300 Wisconsin Ave N.W. Washington DC 20007

This publication will also contain a complete list of all of the state libertarian party headquarters so that readers can contact their local party chapter.

Libertarians however would be completely opposed to the concept of troops roaming the streets to suppress teenage gangs. We want the government to have less power over private citizens, not more. And giving the military the direct power to enforce civilian law is the ultimate in government power, government control. This is what every dictatorship in the world does, uses the excuse that the military is necessary to maintain law & order when what they really mean is to maintain control over all of the people, not just violent criminals.

Libertarians understand that the reason most of these young people hang around on the streets & join gangs is because of the obsolete minimum wage laws which prevent teenagers from finding jobs. If the minimum wage laws were abolished employers could afford to pay teenagers a reasonable salary & many of these youths could find employment which would keep them off of the streets.

Also private community groups such as New Yorks "Guardian Angels" rather than being opposed by suspicious local governments as potential vigilantes should be encouraged so long as they cooperate with



local agencies & act in a responsible manner.

Besides, the troops will be in all of the streets in a few years anyway, when the economy collapses as a result of the monstrous national debt. This will be shortly before the Russian leaders go berserk & try to wipe out most of the western world. Let us not try to encourage any form of martial law now for sooner than we think millions of Americans will have it forced on them anyway, whether they like it or not.

One more thing, would you agree that even though a person with a low mental percentage has no desire to control people he may still have a strong desire to persuade, convert, or reform others so long as convincing them to change their ideas does not imply force but voluntary persuasion? While I have no desire to control anyone I do have a very strong desire to influence their opinions. Does that fit in with the low mental percentage profile?

D. L. Jersey City, NJ  
Editors Note: Yes

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#### ACCUSED KILLER LARRY LAYTON

Larry Layton of Peoples Temple had been accused of killing Congressman Ryan in Jonestown Guyana on Nov. 18, 1978.

Layton born 1-11-46  
Confidence 2 (83%)  
Emotional 11 (21%)  
Mental 6 (64%)

Layton is quite fearless (83%). He is a social-reformer-humanitarian (#11 emotional). He would feel he knows what is best for others & would try to get them to do what he wants. It might not be what others

want or need. He is not an emotional person (21%). Larry is opinionated & needs to have people listen to him (64% mental).

(This is a mini character analysis. You can order an Indepth Character Analysis of your own or others for \$9 each birthdate.)

Larry's mother died of cancer in Jonestown. His sister Debbie said it was a concentration camp. When she escaped Larry was brought to Guyana immediately so she could not talk to him.

Their father did not go to Jonestown. He would tell his children to think for themselves and not take Jones' word.

Any cult that separates families has to be suspect.

**ASTROLOGY** \* Charts and/or analysis. Tropical or Sidereal. Write for information. Jim Haynes, 4126 Clayton Av. Hollywood CA 90027

#### ORDER FORM NOV 1981

- ☐ Subscription to THE TRUTH \$5 - 12 issues
- ☐ Personal numbers \$1 each - enclose a self-addressed stamped envelope & dates
- ☐ Learn Biorhythm Character Analysis \$25
- ☐ Indepth Biorhythm Character Analysis \$9. Birthdates - month/day/year
- ☐ Compatibility \$14 (2 birthdates - month/day/year) M or F M or F with \_\_\_\_\_
- ☐ GROUP compatibilities. For families and such. \$8 each birthdate.
- ☐ State your problem briefly (include birthdates of all involved) \$20

Write to Irene Hamlin Stephenson, P.O. Box 892-TRU, Chatsworth, CA 91311-0892

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#### MOMMIE DEAREST

Was Christina emotionally abused by her mother Joan Crawford? A look into Biorhythm Compatibility & Character Analysis will show.

Joan 3-23-04/Christina 7-11-39

Personal Biorhythm Numbers

Physical	22 (91%)	9 (22%)
Emotional	20 (43%)	7 (50%)
Mental	29 (76%)	6 (64%)

Together they were:

13% physically compatible  
7% emotionally compatible  
39% mentally compatible

They were 20% alike. 60% and up is needed for 2 people to be happy together. They had nothing in common & would not have liked one another. If Biorhythm compatibility had been used Christina would never have been given in adoption to Joan.

Joan had a lot of confidence (91% physical). She cared mainly for herself. She needed an excessive amount of attention & wanted to be looked at and admired (#20 emotional). She was very dramatic and "...our mother was prone to exaggeration about everything." She lived in a fantasy world. There was only a grain of truth in what she said. She would play the role of a martyr to get people on her side. She was not a martyr. She did to others, they did not do to her. She had to lead or control (76% mental). The whole combination of her personality is of one who needs to be a STAR.

Christina lacks confidence & stamina (22% physical). It was easy for Joan to intimidate Christina & make her feel guilty. Christina is a combination parent-humanitarian (#7 emotional). Her home and family were very important to her but Joan let her down. She needs to tell people what happened to her to help save other children from being abused (64% mental).

Christina kept trying to get love & approval from her mother. There was no love to be had (7%). "Maybe I couldn't admit to myself that it was a completely



hopeless relationship."

Joan knew she did not love Christina but society demanded she pretend. We all need to be loved & will even accept cruelty as love. Any attention seems to be better than none at all. An adult can leave a bad situation but a child can not. The child feels their only hope is to try to get mother or father to love them.

Christina said Joan adopted the 4 children to get attention for herself. That goes along with Joans personality. The public would say what a wonderful unselfish person she was to do a thing like that. When Joan wasn't working she wanted the children there to give her attention & to adore her. She insisted they call her "Mommie Dearest." That would make the public think she was greatly loved by her children.

When Christina was in a good mood Joan would not be. They were opposite emotionally.

Christina was not as innocent as she likes to think. She created some of those fights with her mother because she has to have an opinion on every thing & needs to say it. This would make her sassy (64% mental). When Christina got sassy, Joan felt she was losing control & could not have that.

Joan & Christina were so far apart mentally (39% alike) they

could not hear each other properly. They would misunderstand what the other meant. There would have been a lot of "You're not listening to me".

Joan did not & could not love Christina so she created situations. She made it look as if Christina was the bad one. She sent the "bad" one away to school as punishment.

"When Mommie wasn't working she organized regular cleaning forays into every nook & cranny of the house & yard." and so much energy (91%) to use it up.

It would have been better if she had done all this work herself instead of forcing it upon others. But, needing to control (76% mental), she had to give orders, never realizing or caring that maybe the people working with her did not have so much energy (Christina has 22%). "I hated doing the dirty work of the house when I came home from school." Housework is not for people with low physical percentages.

Joan would not buy Christina up-to-date clothing when she was in school because Christina was becoming competition. Joan was a naturally jealous person & would be afraid Christina would take away her men.

When Joan was getting old, Christina became more like the mother. Christina thought they had resolved their differences. "Self" people like Joan are not capable of forgiving or forgetting. To Joan, nothing was ever her fault. Her ego would not permit her to believe she could have been wrong. She paid Christina back for her care in her old age by leaving her out of her will.

The younger children do not agree with what Christina said about their mother. They might be compatible with Joan & would feel differently about her.

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AND THE WINNER of the LEARN BIORHYTHM CHARACTER ANALYSIS IS.....Margaret K. Lukacs of Newark, Ohio.

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Let me know when you move or have your phone number changed.

I can't guarantee getting someone for you. If you feel a sufficient length of time has gone by and you have not received a match write to me and \$14 of your money will be cheerfully refunded. Please be patient.

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*Irene*